

## PROJECT OUTPUTS

This project will deliver the following key outputs:

- Harmonization of curricula across EU countries to support the integration of in-class psychosocial practices following natural disasters
- Comparative analysis of curricula, lessons, and objectives to identify opportunities for psychosocial support
- Creation of an education-focused solidarity platform
- Establishment of a support network for teachers affected by natural disasters to share experiences and best practices

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EMPOWERING TEACHERS  
TO BECOME  
TRAUMA-SENSITIVE  
SCHOOLS

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<https://reachoutproject.eu/>

## ABOUT THE PROJECT

The Reach Out project is designed to enhance teachers' knowledge and skills in addressing the psychosocial needs of students affected by natural disasters, while also fostering greater social cohesion.

Natural disasters not only pose serious threats to physical safety but can also leave lasting psychological and emotional impacts - particularly on children and young people. Experiences of trauma, anxiety, fear, uncertainty, and a loss of academic motivation can significantly hinder students' personal development and educational progress. In light of this, it is essential that teachers are well-equipped to support students through these challenges with compassion, understanding, and effective strategies.

## PROJECT COUNTRIES



TÜRKİYE



GREECE



BULGARIA



ROMANIA

# REACH OUT



- Support the creation of a stable and inclusive classroom environment
- Contribute to reducing the risk of adjustment challenges
- Encourage the use of constructive coping strategies
- Provide methods to support students' learning and development

## PROJECT ACTIVITIES

### Curriculum Analysis and Content Design

Project partners will review the curricula of relevant courses in their respective countries to identify where psychosocial support activities can be integrated. Based on these national analyses, shared learning outcomes will be identified and a content framework will be developed to reflect these common objectives.

### Psychosocial Support Activities

A digital In-Class Psychosocial Support Activity Booklet will be developed, featuring activities tailored to selected courses and psychosocial support categories—primarily focusing on curative approaches for the target group. The booklet will be reviewed by experts, piloted by a project partner, and designed to help teachers support students' emotional recovery, coping skills, and overall learning and development after traumatic events.

### Guide for Teachers

A practical guide will be prepared to support teachers in implementing lesson-based psychosocial support activities in the classroom following natural disasters